

# The Meadow Lark



A Monthly Publication by and for the Residents of The Meadows, a Family Condominium Community

## Meadows Outstanding Student: Lindsey Gregg



This is the 30th anniversary of the presentation of The Meadows Outstanding Student Award. The recipient of this annual award is selected by the 6th grade teachers on behalf of The Meadows Board of Directors at the public school where most of our community's children attend. This is the 19th year that the award has been presented at Centre Ridge Elementary School.

The award is based on citizenship, academics, effort and attendance. Many winners have gone on to receive college scholarships and have success in their careers. This student's name is inscribed on a

plaque in the upstairs meeting room of the Clubhouse and receives a letter of commendation signed by the President of the Board of Directors. For most of the past thirty years, a \$50 Savings Bond was awarded. The Board chose to award a \$50 Visa Card this year.

Lindsey Gregg is the 2009 Meadows Outstanding Student. She received her award at the annual Centre Ridge Elementary School 6th Grade Award Ceremony on June 17.

Lindsey has lived in The Meadows for the past four years with her parents and sister, Rebekah. She received the Presidential Academic Excellence Award for maintaining an A-B average for grades 4-6 as well as Citizenship and A-B Honor Roll certificates. She was an anchor for the school's daily news broadcast, served as a SCA Representative, sang in the 6th grade chorus, was a PE Pal, and participated in three of Centre Ridge's annual musicals, including a role in this year's production of *Honk!, Jr.* Her favorite subject is Social Studies and her hobbies are playing soccer and acting. Lindsey and her family enjoy swimming, soccer, playing games, going to museums and touring in Washington, DC. She is very excited about joining the Liberty Lions next year in middle school.

Congratulations and best wishes for the future, Lindsey!



**Board of Directors Meeting:** Thursday, July 16, 7:30 PM in the Clubhouse. Residents and Co-Owners are encouraged to attend. Agendas are posted online and at the Clubhouse on the Tuesday before the meeting. Minutes available upon request at The Meadows office and online at [mymeadows.net](http://mymeadows.net).

**Hot Dogs and Hamburgers:** Swim Team fundraiser, this Sunday July 5, 5-7 PM at the pools

**Pool Committee:** Tuesday, July 7, 7:30 PM in the Clubhouse

**Swim-a-Thon:** Swim Team fundraiser, Sunday, July 12. See Swim Team News for details.

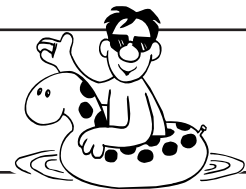
**Swim Team Meets:** See Swim Team News for dates. Support your team.

**Security Committee Meeting:** Tuesday, July 14, 7:00 PM in the Clubhouse.

*Save the Date...*

**National Night Out:** Tuesday evening, August 4. This is a Meadows Community Event! Details coming – [www.mymeadows.net](http://www.mymeadows.net).

*Residents and Co-Owners are welcomed and encouraged to attend any committee meeting.*



### Hamburgers and Hot Dogs

**Sunday, July 5  
5:00 – 7:00 PM**

The Meadows Sharks Swim Team will be cooking and selling hamburgers and hot dogs at the pool. Come up to the pool and enjoy freshly cooked items right off the grill. Prices are reasonable:

- Hot Dog – \$1
- Hamburger – \$2

*Support The Meadows Swim Team!*



### You Found Us!

Here we are, online as promised. *The Meadow Lark* looks about the same, but you'll notice it is in the 8½"x11" format for easier reading online and copying (if you care to print it out). We will be 'tweaking' it from time to time to make it even better! Please remind your neighbors that *The Meadow Lark* can now be found at [mymeadows.net](http://mymeadows.net). It will no longer be delivered door to door. Please contact the Office if you would rather have a paper copy.

### Pool Hours:

Monday–Thursday	11 PM – 8 PM
Friday & Saturday	11 PM – 9 PM
Sunday	11 AM – 8 PM
July 4th Holiday	11 PM – 6 PM

## The President's Corner

June 20, 2009, raining, 8:30 am, and there are lots of kids in red, white, and blue and purple/black swimsuits at the pool, shivering. And then it starts! The National Anthem is played, and its on! This was the first swim meet I have every attended (and I have lived here since 1980), but it won't be my last. What Fun! All the kids gave their all; their teammates and parents and friends cheering them on. The organization that goes into just one of these meets is phenomenal—and everyone just pitches in. Even me, I cooked hotdogs! And, I'll be back to do it again.

Make a point of trying to attend a meet; the schedule is posted on our website. It's loads of fun. The concession stand is fully stocked; sodas, nachos, hotdogs, candy, cereal bars. My personal thanks to all parents and the swim team Representatives; without you this could not be possible. Special thanks to the kids who worked so hard, the coaches who made them, and the Cahills for all their support (!).

The Baskins Robbins coupon offer has been extended to the end of the year. 10% off all purchases, \$3 off any ice cream cake for all Meadows residents (see last page).

Keep August 4th, National Night Out, open on your calendar! We have plans! More to follow.

~ Joy C. Foshier

## Curfew in Effect

In 1997, in an effort to protect our children, and to curb loitering and vandalism as well as to prevent more serious crimes, the Board of Directors enacted a curfew for minors under the age of 18. Our Property Manager has received complaints from residents about youngsters being out late at night and making a lot of noise already this smmer. We wanted to be sure that everyone knows about this resolution.

The curfew policy resolution states that persons under the age of 18 cannot remain in or on the common elements between the hours of midnight Friday to 6 AM Saturday, between midnight to 6 AM Sunday, or between 10 PM and 6 AM of the following day on any other day of the week. This is extended to 11 PM when school is not in session.

Exceptions are made when the young person is accompanied by a parent, guardian, or person 21 years of age or older who has responsibility for the custody of the minor; or if he or she is on an errand at the direction of a parent or guardian without stopping or detouring; engaged in employment, school or church activity; or in a bona fide emergency.

Consequences of violations of the curfew rule and loitering ultimately are the responsibility of the parents. If your child is a continual, flagrant violator of the curfew, it is the parent who will have to answer for any further actions, such as a covenant violation hearing or assessment of charges against Co-owners for violations committed by the Co-owner, their family, tenants, guests or invitees.

## Board of Directors Motions

### At the June 18 Meeting:

- Passed motions to approve three Architectural Review Forms.
- Passed a motion to sign the representation letter to finalize the 2008 audit.
- Passed a motion to have our 2009 audit done by Goldklang & Associates for \$5400.
- Passed a motion to accept bids from Katchmark Construction for roofing work totaling \$1375.
- Passed a motion to allow a choice between inside and outside units when an air conditioner is replaced.
- Passed a motion to accept a bid of \$8900 from Doyle Remodeling for a waterproofing job.
- Passed a motion to only hold one Board meeting a month in July and August.
- Passed a motion to accept a renewal contract with Anthem for health insurance and Guardian for disability, life and dental insurance for our employees.
- Passed a motion to deny four appeals of previous Board decisions.
- Passed a motion to deny two requests to waive violation charges.
- Passed motions concerning the disposition of three delinquency cases.

COMPLETE MINUTES OF BOARD MEETINGS  
AVAILABLE AT THE OFFICE

## Security Totals

May 15 – June 14, 2009

Vehicles Ticketed: 26

Vehicles Towed: 10

Calls for service and/or situations involving or requiring security assistance, by street:

Avocado Court: 1

Cool Oak Lane: 9

Golden Oak Court/Road: 5

Rustling Leaves Lane: 2

Saguaro Place: 7

Saint Germain Drive: 7

Strasburg Drive: 8

Turin Lane: 6

Calls referred to police/fire/rescue: 6

## Fire Regulations

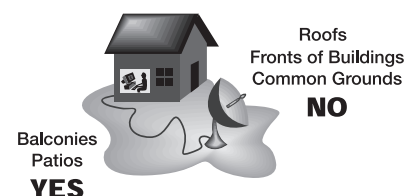
- Kerosene, or any fuel heaters, are forbidden by Meadows regulations.
- Residents should not store combustibles in furnace rooms. It is a serious fire hazard and is against County and Meadows regulations.
- Smoke detectors are required on *each level* of homes in The Meadows.
- Residents should maintain a fire extinguisher in their units. It should be rated at least 2A:10BC.



## A/C UNITS

If you replace your air conditioning unit, you may install it inside your utility room or submit an ARF for proposed exterior installation.

## Satellite Dishes in The Meadows



## Remodeling?

Any desired changes to the exterior or interior of your unit must be submitted on an ARF or Request for Interior Alteration form to the Board of Directors for approval PRIOR to the change being done.

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## Bits & Pieces

### ■ Plan to Join Us!

The Meadows will join countless communities all over the country for the annual National Night Out on Tuesday, August 4.

Plans are in the works for this community-wide event, so check [mymeadows.net](http://mymeadows.net) for upcoming details. Mark your calendar now. By attending the events and turning on your porch light, you will show your community spirit as well as solidarity.

### ■ Fireworks and the Law

All fireworks that explode, emit a flame, spark or perform as a projectile higher than 12 feet are prohibited by the Fairfax County Fire Prevention Code. It is a Class 1 Misdemeanor to have any of these types of fireworks in one's possession. Be aware that sparklers can reach 1,800 F° and can easily catch clothes on fire causing burns. They are the major cause of injuries from fireworks to children. It's better to be safe and follow the 'law' rather than to be sorry!

### ■ New Requirements for Paid Ads

Copy for paid ads for The Meadow Lark must now be emailed to The Meadows office at [meadowsoffice@verizon.net](mailto:meadowsoffice@verizon.net) in an attached Word Doc. Please note the paid ad due date is the 15th of the month. These ads must be pre - paid through The Meadows office. The cost is \$20 per month. See contact information on the last page.

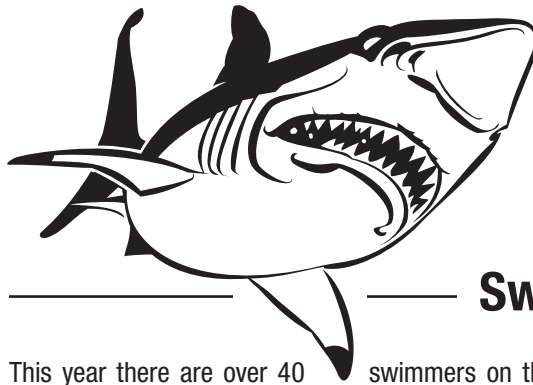
### ■ Budget Input

The Meadows Board of Directors and Management will soon begin the process of preparing the budget for 2010. If you have items that you would like to see included in the budget or have ideas, jot them down and email them to [meadowsoffice@verizon.net](mailto:meadowsoffice@verizon.net); Fax 703-815 -0755 or put them in the large black Clubhouse mailbox , or drop them at the Office. 8:30 AM – 4:30 PM Monday–Friday. As always, any correspondence should include your name and phone number (this information will remain confidential). You may be contacted for clarification. The Board wants to hear from you!

### ■ Lost & Found

In the Meadows Office, 703-830-4464. Please check the Lost & Found at the pools for items left there.

### ■ Website: [www.mymeadows.net](http://www.mymeadows.net)



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## Swim Team News

This year there are over 40 swimmers on the team, one of the largest turnouts in years. The Sharks swam in their third meet of the season on July 1. There are four remaining meets (two are at home on July 11 and July 18), as well as the season-ending All-League Meets on July 25. The swimmers are swimming their best to try to qualify for the Championship portion of this meet, those that do not will swim in the All-Star portion.

Thanks to everyone in the community who either bought doughnuts from our swimmers, came to Baskin-Robbins Night to support the team, or drove their car to Sunoco to have it washed by our Sharks. These fundraisers allowed the team to subsidize a large portion of the swimmer's new team suits.

The 23rd annual Swim-a-Thon will be held on Sunday, July 12. Team members will be looking for pledges to help earn money for team equipment and activities. Please support these swimmers. Please remember to come out and cheer the team on, and volunteers are always welcome to help with the meets.

## Swim-a-Thon

The Meadows Sharks Swim Team will hold their final fundraiser of the season, the 23rd Annual Swim-a-Thon on Sunday, July 12. Swimmers from the team will be coming around getting pledges for this event. They will then swim as many lengths of the pool as they can in one hour. The funds earned through your pledges will help the swim team purchase needed equipment or contribute to team functions that occur throughout the season.

Please help our swimmers with this worthy project and make a pledge, and thanks in advance for your assistance.

## Glory Days Receipts

The Herndon Swim League (of which the Meadows Swim Team Sharks are a member) is in partnership with Glory Days Restaurant. During the months of June and July the league will receive 10% of total sales on copies of receipts submitted to their marketing department.

The Sharks are helping with this project, and you can also help. Anyone in the community can turn in Glory Days receipts which are dated in either June or July. Please make sure it is not the credit card receipt which cannot be accepted, but the regular receipt provided by the restaurant. You can ask your server for an extra copy of your receipt.

You can turn in these receipts to one of the swim team representatives or place them in the black Council mailbox located in front of the clubhouse in an envelope marked for the swim team. Thanks to anyone who can help out with this project.



## Visitors Parking Pass Is on Our Website

Go to [mymeadows.net](http://mymeadows.net) and click on **Meadows Business** on the side bar menu, then click on **Forms and Files** and scroll down to **Online Forms** to find the Visitors Pass.

Council of Co-Owners  
**The Meadows**  
6100 Strasburg Drive  
Centreville, VA 20121

**Meadows Office**

Monday–Friday, 8:30 AM – 4:30 PM

Phone: 703-830-4464

Fax: 703-815-0755

E-Mail: meadowsoffice@verizon.net

Website: mymeadows.net

**24-Hour EMERGENCY ONLY**  
**Service First: 1-800-309-4709**

**Security**

703-628-9481

**Towing**

Battlefield Towing: 703-378-0059

**American Disposal Services**

703-368-0500

Call for special pick up, Thursdays only

The Meadow Lark is published each month exclusively for the benefit of the residents and owners of The Meadows. It is the official publication of the Council of Co-Owners and is under the purview of the Board of Directors. News items, personal ads, and such are welcomed and should be placed in the large mailbox in front of the Clubhouse or emailed to meadowsoffice@verizon.net. The deadline is the 20th of each month. Personal ads must be 25 words or less, on 8½x11-inch paper or emailed to meadowsoffice@verizon.net. Include your name, Meadows address, and telephone number. The Meadows does not endorse any advertisers. EDITORS: Dick and Lydia Miller

PAID AD

# WINDOW SALE

**SAVE UP TO 40%  
ON YOUR HEATING  
AND COOLING BILLS.**

**FREE ESTIMATES**

**703-273-0101**  
**WWW.NUHOMEWINDOWS.  
COM**

*Fully Licensed, Bonded & Insured*  
VA # 2705-064938A

PAID AD

## A. Heatwole Plumbing Service Co.

30 years experience  
in the Centreville area!

Complete plumbing repairs

No travel charges

Emergency services

Master Plumber on each job

**703-830-4242**

*Mention this ad and receive  
\$12 off every service call!*

## S&S HEATING & COOLING

Heat, Air Conditioning & Plumbing

40 Years Experience

Service • Repair • Maintenance

Installation • Duct Work

10% Off to Meadows Residents

**(703) 406-9410**

Proud Sponsor of  
The Meadows Sharks Swim Team

**The Visitors Parking Pass will no longer appear in The Meadow Lark.**

**Please visit [www.mymeadows.net](http://www.mymeadows.net) and click on Meadows Business in the sidebar menu, then on Forms and Files and scroll down to On-line Forms and click to find the Visitors Pass. If you prefer, visit the Meadows Office to pick up copies.**

## Classified Ads

Email your ad to meadowsoffice@verizon.net

**CARPET INSTALLER** – 20 years experience. Free estimates. Repair, restretch, water damaged areas. One room up to 20 yards is \$75. Call 703-815-2549.

**CHILDCARE** – Safe and fun learning environment, experienced with special needs. Fairfax Co. permit, 12 months – 12 years, M–F, 6 AM – 7 PM, reasonable rates. Call Lisa Duncanson 703-298-8135.

Meadows Resident Coupon

## Baskin Robbins

Phone 703-314-8467

**10% OFF all purchases,  
\$3 off of any cake \$20 or more**

*Offer through December 2009*