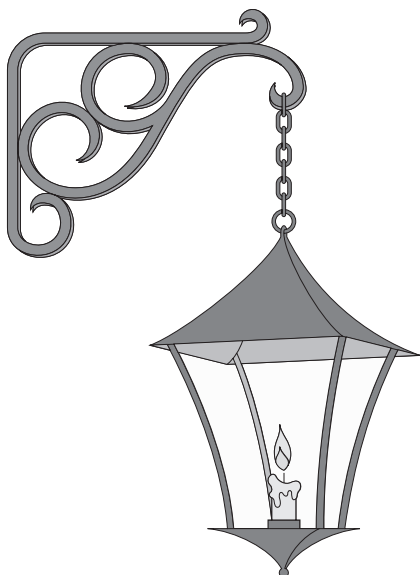


The Meadow Lark



A Monthly Publication by and for the Residents of The Meadows, a Family Condominium Community



This Coming Tuesday!

National Night Out

Tuesday, August 4
7:00 – 10:00 PM

The Meadows will join thousands of communities across the country on Tuesday evening August 4 in participating in the National Night Out. We urge you to turn your porch light on and keep it on between the hours of 7 pm and 10 pm on that evening to show your community spirit in solidarity against crime. One of the tenets of crime prevention is for neighbors to get to know each other! What better way to do this than to go out on your street on the evening of 4th to informally meet and greet your neighbors to make it a true community 'Night Out'!

We all need to look out for each other and our community by reporting any suspicious activity to the police, to The Meadows Security and to The Meadows Management Office. The police tell us that word gets out to criminals if neighbors are actively reporting suspicious behavior and activities, potentially preventing crime. Because The Meadows is such a large property, it takes all of us, residents and Security, to work together to prevent crime and keep our community safe.

Paving Projects Scheduled PARKING RESTRICTIONS

August 18, 7:00 AM – August 21, 5:00 PM

Lower Saint Germain (14451-14527) and Avocado Court are scheduled to be paved August 18–21. In order to properly perform this work, all vehicles must be off these streets from 7:00 am on August 18 until 5:00pm on August 21. In the event of significant rain, the job will be delayed by a day and the parking restrictions adjusted accordingly.

*Towing at the owners expense will be strictly enforced.
If you car is towed contact Battlefield Towing at (703) 378-0059.*

Thank you for your cooperation as we work to improve your home at The Meadows.

AUGUST

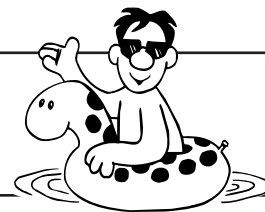
Board of Directors Meeting: Thursday, August 20, 7:30 PM in the Clubhouse. Residents and Co-Owners are encouraged to attend. Agendas are posted online and at the Clubhouse on the Tuesday before the meeting. Minutes available upon request at The Meadows office and online at mymeadows.net.

National Night Out: Wednesday, August 4, 7–10 PM. Put your porch light on between 7 PM and 10 PM to show community spirit in solidarity against crime and plan to go outside to meet and greet your neighbors!

Pool Committee: Tuesday, August 4, 7:30 PM in the Clubhouse

Security Committee Meeting: No meeting this month.

Residents and Co-Owners are welcomed and encouraged to attend any committee meeting.



Pool Hours:

Monday–Thursday	11 PM – 8 PM
Friday & Saturday	11 PM – 9 PM
Sunday	11 AM – 8 PM
Labor Day	11 PM – 8 PM

The President's Corner

August is here; the Swim Team Season is wrapped up for the year, but the pool is still open for business through Labor Day.

August's weather is sometimes referred to as the "Dog Days of Summer"; hot, humid, lazy days. Be sure to keep your children well hydrated as they play outside, and take some water for the pets as well. And while we are on the subject...

Rule 5 of the Rules and Regulations of The Meadows governing pets states: *No pet shall be permitted to run unrestricted on the Common Elements of The Meadows. A pet shall be deemed to run at large while roaming, running or self-hunting on the Common Elements of the Meadows, without its owner's or custodian's immediate control. In the case of dogs, while on the Common Elements a leash attached to the collar or harness of the dog must be used and held by a responsible person capable of maintaining effective control of the dog at all times. This rule shall also be deemed to prohibit any owner of a pet from placing a pet or allowing a pet to be placed in the custody of any other person not physically capable of maintaining effective control of the pet.*

Rule 11 of the Rules and Regulations of the Meadows states: *Pets shall not be chained, leashed or left unattended on porches, patios or balconies or on any of the Common Elements. Animal shelters or houses are not permitted.*

Both of these items have become serious concerns this summer. Please be aware that violations of this nature may result in a \$50 fine per occurrence.

~ Joy C. Foshier

Board of Directors Motions

At the July 16 Meeting:

- Passed motions to approve two Architectural Review Forms for air conditioning units.
- Passed motions to accept bids for roof repairs by Katchmark Construction totaling \$3231.
- Passed a motion to appoint Irv Katz as the new Parliamentarian for the Board.
- Passed a motion to give a ten day extension for a violation correction or daily charges will begin.
- Passed a motion to accept a bid from HLS of \$980 for turf repair.
- Passed a motion to accept a bid for paving of \$56,126 submitted by PSI.
- Passed a motion to spend approximately \$215 for swim team trophies.
- Passed a motion to accept a bid from Reliable Rails of \$800 for railings for the steps at the pool.
- Passed motions to not waive charges for two delinquent accounts, a dog violation and antenna repairs.
- Passed a motion to accept a payment plan request.
- Passed motions concerning action on two collection accounts.

COMPLETE MINUTES OF BOARD MEETINGS
AVAILABLE AT THE OFFICE

New Director

The Board of Directors has appointed Irv Katz to fill the seat vacated by Raj Chamakura.



You Found Us!

Here we are, online as promised. *The Meadow Lark* looks about the same, but you'll notice it is in the 8½" x 11" format for easier reading online and copying (if you care to print it out). We will be 'tweaking' it from time to time to make it even better! Please remind your neighbors that *The Meadow Lark* can now be found at mymeadows.net. It will no longer be delivered door to door. Please contact the Office if you would rather have a paper copy.

Security Totals

June 15 – July 14, 2009

Vehicles Ticketed: 34

Vehicles Towed: 12

Calls for service and/or situations involving or requiring security assistance, by street:

Avocado Court: 2

Cool Oak Lane: 9

Golden Oak Court/Road: 9

Rustling Leaves Lane: 2

Saguaro Place: 6

Saint Germain Drive: 10

Strasburg Drive: 9

Turin Lane: 4

Calls referred to police/fire/rescue: 3

Fire Regulations

- Kerosene, or any fuel heaters, are forbidden by Meadows regulations.
- Residents should not store combustibles in furnace rooms. It is a serious fire hazard and is against County and Meadows regulations.
- Smoke detectors are required on *each level* of homes in The Meadows.
- Residents should maintain a fire extinguisher in their units. It should be rated at least 2A:10BC.



A/C UNITS

If you replace your air conditioning unit, you may install it inside your utility room or submit an ARF for proposed exterior installation.

Satellite Dishes in The Meadows

Roofs
Fronts of Buildings
Common Grounds
NO

Balconies
Patios
YES

Remodeling?

Any desired changes to the exterior or interior of your unit must be submitted on an ARF or Request for Interior Alteration form to the Board of Directors for approval PRIOR to the change being done.

Bits & Pieces

■ Think Before You Text

As of July 1st, a new law went into effect which prohibits drivers from sending or reading text messages and is punishable by a fine of \$20 for the first offense and \$50 for additional infractions.

■ It is Time to Register!

If you are a new resident or have a child entering school for the first time, please register your child now. Staffing for teachers and funding depend on enrollment. Please call 703-227-2600 to make an appointment to enroll your child at Centre Ridge Elementary School.

■ Curfew Reminder

The Meadows has a curfew in effect for minors under the age of 18. Please refer to last month's issue or to The Meadows Rules and Regulations.

■ Free School and Sport Physicals

Wednesday, August 19 at the Centreville United Methodist Church for youth age 3-19 from 6-9 PM. The patients must have no insurance and a household income of 200% or less of the Federal Poverty level. Parents or guardians must make an appointment in advance by calling 703-481-8160, ext.1. If you wish to volunteer to help, call this same number and use ext. 2.

■ Air Conditioners

If your AC unit emits squeaks or other noises, it needs to be serviced for efficient and safe operation. If you replace your air conditioning unit, you may install it inside your utility room or submit an ARF for proposed exterior installation.

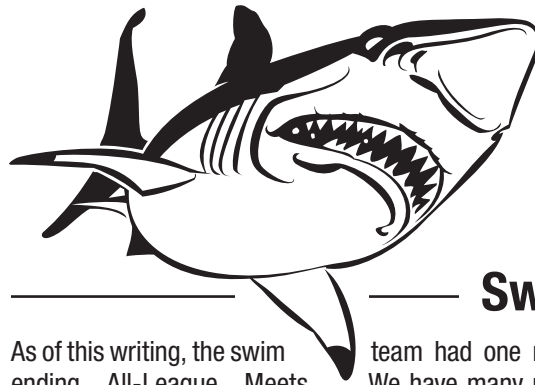
■ Announcements

Submit your announcement to The Meadow Lark. The deadline is 20th of the month. Please include your name, address and contact information. This information will not appear in The Meadow Lark. See the back page for fax or email information.

■ Lost & Found

In the Meadows Office, 703-830-4464. Please check the Lost & Found at the pools for items left there.

■ Website: www.mymeadows.net



Swim Team News

As of this writing, the swim team had one more meet left as well as the season-ending All-League Meets. We have many new members this year, as well as new coaches. The size of the team has increased this year from 34 to 41 swimmers.

Thanks to all those who supported a swimmer in our swim-a-thon held on July 12. This was our final fund raiser for the year. Twenty swimmers (including our two coaches) participated and together swam a total of 21 ½ miles in just one hour. Well done, swimmers! The swimmers were treated to pizza donated by Papa John's afterwards.

Thanks also to those in the community who have volunteered to help with the swim team this year even though they do not have a swimmer on the team, and of course to all of the parents who have also helped run our meets this season. We have had more help this season than in the past, which has allowed our meets to run more smoothly.

Many local businesses have contributed to our team this year. Our biggest sponsors have been Burger King, S & S Contractors, Lifetime Smiles (a local dental organization), Baskin Robbins and NOVEC. Many area restaurants have donated gift certificates or other items, most notably Dunkin Donuts.

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Welcome to the Community, Liam Nathaniel Carter!

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Little Liam joined our Community on July 15, 2009, weighing in at 7.44 oz, and 21 inches long. His proud (and very tired) parents, Corey and Linh Carter live on Cool Oak Lane.

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■ Security Corner

Please be aware of the 15 MPH speed limit within the community. Also, please secure your vehicle and remove or hide items such as GPS units. This will lessen your chances of a vehicle tampering IF area thieves do decide to enter the Meadows.

■ New Requirements for Paid Ads

Copy for paid ads for *The Meadow Lark* must be emailed to The Meadows office at meadowsoffice@verizon.net in an attached Word Doc. Please note the paid ad due date is the 15th of the month. Ads must be pre-paid at The Meadows office. The cost is \$20 per month. See contact information on the last page.

■ Budget Input

The Meadows Board of Directors and Management will soon begin the process of preparing the budget for 2010. If you have items that you would like to see included in the budget or have ideas, jot them down and email them to meadowsoffice@verizon.net; Fax 703-815 -0755 or put them in the large black Clubhouse mailbox, or drop them at the Office. 8:30 AM – 4:30 PM Monday-Friday. As always, any correspondence should include your name and phone number (this information will remain confidential). You may be contacted for clarification. The Board wants to hear from you!

Council of Co-Owners
The Meadows
6100 Strasburg Drive
Centreville, VA 20121

Meadows Office

Monday–Friday, 8:30 AM – 4:30 PM

Phone: 703-830-4464

Fax: 703-815-0755

E-Mail: meadowsoffice@verizon.net

Website: mymeadows.net

24-Hour EMERGENCY ONLY
Service First: 1-800-309-4709

Security

703-628-9481

Towing

Battlefield Towing: 703-378-0059

American Disposal Services

703-368-0500

Call for special pick up, Thursdays only

The Meadow Lark is published each month exclusively for the benefit of the residents and owners of The Meadows. It is the official publication of the Council of Co-Owners and is under the purview of the Board of Directors. News items, personal ads, and such are welcomed and should be placed in the large mailbox in front of the Clubhouse or emailed to meadowsoffice@verizon.net. The deadline is the 20th of each month. Personal ads must be 25 words or less, on 8½x11-inch paper or emailed to meadowsoffice@verizon.net. Include your name, Meadows address, and telephone number. The Meadows does not endorse any advertisers. EDITORS: Dick and Lydia Miller

PAID AD

WINDOW SALE

**SAVE UP TO 40%
ON YOUR HEATING
AND COOLING BILLS.**

FREE ESTIMATES

703-273-0101
**WWW.NUHOMEWINDOWS.
COM**

Fully Licensed, Bonded & Insured
VA # 2705-064938A

PAID AD

A. Heatwole Plumbing Service Co.

30 years experience
in the Centreville area!

Complete plumbing repairs

No travel charges

Emergency services

Master Plumber on each job

703-830-4242

*Mention this ad and receive
\$12 off every service call!*

S&S HEATING & COOLING

Heat, Air Conditioning & Plumbing

40 Years Experience

Service • Repair • Maintenance

Installation • Duct Work

10% Off to Meadows Residents

(703) 406-9410

Proud Sponsor of
The Meadows Sharks Swim Team

The Visitors Parking Pass will no longer appear in The Meadow Lark.

Please visit www.mymeadows.net and click on Meadows Business in the sidebar menu, then on Forms and Files and scroll down to On-line Forms and click to find the Visitors Pass. If you prefer, visit the Meadows Office to pick up copies.

Classified Ads

Email your ad to meadowsoffice@verizon.net

CARPET INSTALLER – 20 years experience. Free estimates. Repair, restretch, water damaged areas. One room up to 20 yards is \$75. Call 703-815-2549.

Hi this is Amanda – I am 12 years old. I am looking for a job. This job is for people who have pets. I want to help those people by walking their dogs for them. I love dogs and I will make sure that I will walk the dog just like you tell me to do. My number is 703-459-0622. My address is on Golden Oak Rd.

Meadows Resident Coupon

Baskin Robbins

Phone 703-314-8467

**10% OFF all purchases,
\$3 off of any cake \$20 or more**

Offer through December 2009